

# HOSPITAL BAG CHECKLIST



## CHECK LIST FOR MOM

- Comfortable clothing
- Nursing bras and breast pads
- Toiletries
- Snacks and drinks
- Phone charger and camera
- Breast Pump
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## CHECK LIST FOR NEW BORN

- Diapers and wipes
- Clothes for going home
- Swaddle blankets
- Car seat
- Blanket
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## CHECKLIST FOR PARTNER/FAMILY MEMBER

- Comfortable clothing
- Toiletries
- Snacks and drinks
- Phone charger and camera
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## OTHER NON ESSENTIALS

- Books and magazines
- Music or podcasts
- Pillows and blankets
- Birth plan
- Baby book